

Steven Reeder

ACC, CPC, ELI-MP

Certified Coach, Speaker, Trainer

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ENERGY LEADERSHIP Become an Ideal Leader

I had the privilege of participating in three iPEC certification training modules in which Steven Reeder was the co-facilitator. His presence was key to the success of each module. He is very knowledgeable and approachable, and commands the audience's attention with finesse. Steven will be an asset to your organization.

Mattie Scott, CPC
iPEC Coaching Student

Steven creates a stable, solid space for learning and growth, so that when you leave you feel armed with useful information and a strategy of how to apply the concepts that he talks about. He makes complex concepts simple and tangible for easy application in real life. He makes the topics interesting and enlivening, and really shows how to strategize difficult and challenging issues, leaving the audience feeling energized and motivated.

Barb Heenan
Bodhi Road

Steven really helps you understand and integrate those concepts into daily life, and tie it all together and create positive change. This change results in an ability to be present, fully engaged, and proactive rather than reactive, enabling you to make better choices and decisions, and be in control of your own future. This is just priceless information.

Jann Jaffe
Forward To Success

Steven Reeder is a Certified Professional Coach, Certified Grief Recovery Specialist, and Energy Leadership Master Practitioner. He has partnered with such organizations as AbbVie, American Society for Quality, Age Forward, Bodhi Road, Namagay, and Metropolitan Community Church to create instant impact on grief, work/life balance, self-leadership, and major life changes. He is also an Assistant Trainer and Success Coach for the Institute for Professional Excellence in Coaching (iPEC); teaching and supporting students to raise the consciousness of the world one person at a time.

Are you constantly **overwhelmed** by too many responsibilities? **Aggravated** that your job seems to be mostly about fixing problems and putting out fires? Tired of the all too often “**negative**” corporate culture where problems and failures get highlighted and successes too easily overlooked?

Whether you realize it or not, everyone leads: either by choice or default. Therefore the question is not if you lead, but **how** you lead. Join Certified Professional Coach Steven Reeder, who will share an optimistic, but certainly attainable, vision of how to lead in your workplace.

Energy Leadership™ refers to both a particular and unique form of leadership, and also, literally, to the process of leading energy, so that it works for you rather than against you.

Attendees leave this workshop knowing how to:

- *Identify the Seven Levels of Leadership.*
- *Re-focus attention and perceptions so that they support your success as opposed to inhibiting it.*
- *Discover the real causes of the stress and overwhelm in your work; and reduce or eliminate the related impact.*
- *Shift from focusing on problems and fighting fires to proactively creating solutions.*
- *Recreate and envision the ideal image of your role as a leader within the organization.*

Half-day or full day workshop